

FREEMOTION.

LIVEAXIS™ **QUAD**

MODEL # **F706**



CABLE STRENGTH LIVEAXIS™

The LiveAxis™ Quad functionally trains the anterior leg muscles to work together to create stability and mobility at the hip and knee. Live-sliding pulleys follow the path of movement—offering progressive resistance and optimum muscle activation during the complete motions. Plus, the Quad machine engages muscles to improve core strength and balance.



LIVEAXIS™ QUAD

PRODUCT FEATURES

- ① **SWIVEL PULLEYS**
Because the pulleys on this machine swivel, specific muscles can be targeted to increase the body's stabilization and balance.
- ② **PROGRESSIVE RESISTANCE**
Live-sliding pulley technology allows muscles to stay at optimum activation with never-ending resistance throughout the entire movement.
- ③ **DUAL INDEPENDENT TRACKS**
Each pulley glides up and down on its own independent track—creating never-ending resistance and a more effective workout.
- ④ **FOOT HARNESS**
Feet stay secure with Freemotion's specially designed harness, that fits almost any foot size.
- ⑤ **KICK PLATES**
Strong 18-gauge, stainless steel kick plates protect this machine from wear and tear.
- ⑥ **UPGRADED HANDLE**
The Freemotion Quad has an upgraded handle with improved ergonomics and multiple grip positions.
- ⑦ **INDUSTRIAL CONSTRUCTION**
Built strong with 11- and 7-gauge steel tubing, this Freemotion machine has been electrostatically powder-coated with paint tested by 2,000 hours of salt spray testing.
- ⑧ **TEXTURED PLATFORM**
This unique platform with grip texture helps ensure stable foot positioning.

WARRANTY US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys, and Weight Stacks | 1-Year Cable, & Labor
120-Days Upholstery, Handles and Accessories.

SPECIFICATIONS

Weight Stack	150 lb (68 kg)
Resistance System	37.5 lb (17 kg) per leg
Frame and Finish	Powdercoated steel frame
Weight Stack Configuration	5 - 50 X 5 lbs (2.2- 22.6 x 2.2 kg) 60 - 150 X 10 lbs (27.2 - 68 X 4.5 kg)
Cable Travel	37 in (93.9 cm)
ADA Compliant	Yes
Workout Area	23.96 ft ² (2.23 m ²)
Standard Frame Colors	Platinum Sparkle
Product Dimensions (LxWxH)	75 x 46 x 73 in (190.5 x 116.8 x 185.4 cm)
Shipping Dimensions (LxWxH)	74.8 x 63.2 x 76.6 in (189.9 x 160 x 194.5 cm)
Shipping Weight	528 lbs (239.4 kg)
Regulatory Approval	EN957, CE