

FREEMOTION.

GENESIS™

MACHINES THAT DO MORE.

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FREEDOM OF MOVEMENT

Train your body for everyday life with GENESIS, the first full circuit of cable-based strength training that targets the entire body. Unlike strength training equipment that focuses on working isolated muscles, GENESIS allows you to easily change the point of muscle activation by merely adjusting your plane of motion. This innovative strength line also includes products that feature Freemotion's patented LiveAxis™ technology, which provides progressive resistance throughout the entire range of motion. GENESIS' sleek design, sophisticated construction, and small footprint allow your club to maximize floor space and client results.

GENESIS™

IMPROVED AND INNOVATIVE DESIGN

Superior construction improves functionality, safety, and ease of cleaning/maintenance while providing enhanced comfort and 4X the durability.

RANGE OF MOTION

Independently moving handles create a wide variety of unilateral and bilateral movements, while the extensive cable travel and flexibility allow for a full range of motion.

VARIOUS TRAINING OPTIONS

With many products offering a combination of seated and standing positions, users can target increased muscle activation with a single piece of equipment.

WHEELCHAIR ACCESSIBLE

Most pieces in the GENESIS line feature an open design that makes them wheelchair accessible and welcoming to users of all fitness levels.

ALUMINUM SWIVEL PULLEYS

Freemotion's exclusive and ever-improving pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

WEIGHT STACK & PIN DESIGN

The enclosed weight stack provides exceptionally smooth transitions between loads, improving user safety while eliminating lost pins.

INDUSTRIAL CONSTRUCTION

With 11 and 7-gauge steel tubing that is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing, we built the GENESIS line to last.

*PROGRESSIVE RESISTANCE

LiveAxis™ pieces feature a patented sliding pulley technology that forces muscles to remain at optimum activation by maintaining a more consistent and challenging resistance throughout the entire movement.



MULTI-PLANE CHEST #G600

PRODUCT DIMENSIONS (L x W x H)
69 x 53 x 73 in / 175.2 x 134.6 x 185.4 cm

WEIGHT STACK
200 lbs / 90 kg



MULTI-PLANE SHOULDER #G601

PRODUCT DIMENSIONS (L x W x H)
60 x 52 x 73 in / 152.4 x 132 x 185.4 cm

WEIGHT STACK
150 lbs / 68 kg



BICEPS #G602

PRODUCT DIMENSIONS (L x W x H)
52 x 36 x 77 in / 132 x 91.4 x 195.5 cm

WEIGHT STACK
150 lbs / 68 kg



TRICEPS #G603

PRODUCT DIMENSIONS (L x W x H)
52 x 36 x 77 in / 132 x 91.4 x 195.5 cm

WEIGHT STACK
150 lbs / 68 kg



ROW #G604

PRODUCT DIMENSIONS (L x W x H)
56 x 36 x 77 in / 142.4 x 91.4 x 195.5 cm

WEIGHT STACK
200 lbs / 90 kg



MULTI-PLANE CALF #G607

PRODUCT DIMENSIONS (L x W x H)
74 x 36 x 77 in / 187.9 x 91.4 x 195.5 cm

WEIGHT STACK
200 lbs / 90 kg



SQUAT #G610

PRODUCT DIMENSIONS (L x W x H)
90 x 36 x 73 in / 228.6 x 91.4 x 185.4 cm

WEIGHT STACK
400 lbs / 181 kg



ABDOMINAL #G611

PRODUCT DIMENSIONS (L x W x H)
34 x 36 x 77 in / 86.3 x 91.4 x 195.5 cm

WEIGHT STACK
150 lbs / 68 kg



MULTI-PLANE LIFT #G612

PRODUCT DIMENSIONS (L x W x H)
71 x 42 x 77 in / 180.3 x 106.6 x 195.5 cm

WEIGHT STACK
400 lbs / 181 kg



STEP #G614

PRODUCT DIMENSIONS (L x W x H)
73 x 36 x 77 in / 185.4 x 91.4 x 195.5 cm

WEIGHT STACK
150 lbs / 68 kg



LAT #G620

PRODUCT DIMENSIONS (L x W x H)
56 x 52 x 87 in / 142.2 x 132 x 220.9 cm

WEIGHT STACK
200 lbs / 90 kg



DUAL-CABLE CROSS #G624

PRODUCT DIMENSIONS (L x W x H)
70 x 122 x 92 in / 177.8 x 309.8 x 233.6 cm

WEIGHT STACK
Two: 240 lbs / 108.8 kg Stacks



DUAL CABLE CROSS LITE #G424

PRODUCT DIMENSIONS (L x W x H)
65 x 113 x 85 in / 165.1 x 287 x 215 cm

WEIGHT STACK
Two: 210 lbs / 95.2 kg



CABLE COLUMN #G625

PRODUCT DIMENSIONS (L x W x H)
35 x 43 x 91 in / 89 x 109 x 231 cm

PRODUCT WEIGHT
430 lbs / 195 kg



***MULTI-PULL ROTATION LOW #G626**

PRODUCT DIMENSIONS (L x W x H)
46 x 64 x 74 in / 116.84 x 162.56 x 187.9 cm

WEIGHT STACK
200 lbs / 90 kg



***MULTI-PULL ROTATION HIGH #G627**

PRODUCT DIMENSIONS (L x W x H)
46 x 64 x 74 in / 116.84 x 162.56 x 187.9 cm

WEIGHT STACK
200 lbs / 90 kg



***TOTAL QUAD / HIP #G628**

PRODUCT DIMENSIONS (L x W x H)
75 x 47 x 74 in / 190.5 x 119.4 x 187.9 cm

PRODUCT WEIGHT
150 lbs / 68 kg



***TOTAL GLUTE HAMSTRING #G629**

PRODUCT DIMENSIONS (L x W x H)
71 x 47 x 74 in / 180.3 x 119.4 x 187.9 cm

PRODUCT WEIGHT
150 lbs / 68 kg